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# Field-Dependence of White Matter $T_1$ Through Macromolecular Relaxation and Magnetization Transfer

Yicun Wang, Peter van Gelderen, Jacco A de Zwart, and Jeff H Duyn

Advanced MRI Section, Laboratory of Functional and Molecular Imaging,  
National Institute of Neurological Disorders and Stroke (NINDS)  
National Institutes of Health (NIH), USA



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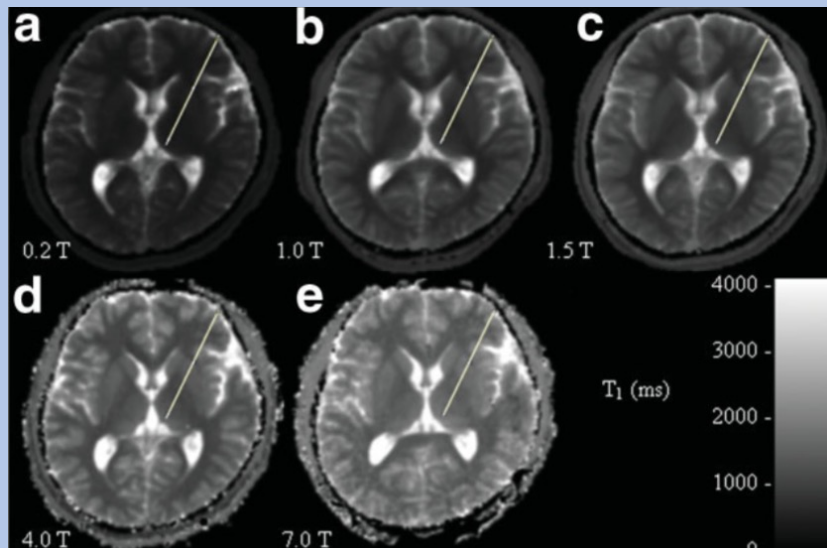
# Declaration of Financial Interests or Relationships

Speaker Name: Yicun Wang

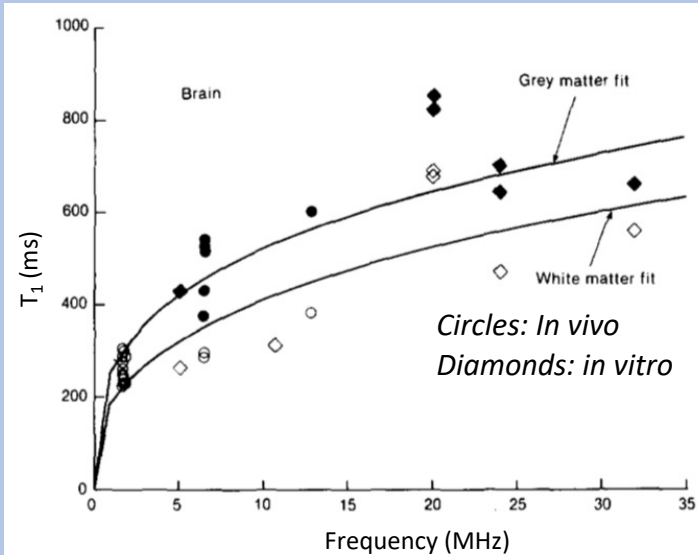
I have no financial interests or relationships to disclose with regard to the subject matter of this presentation.

# Introduction

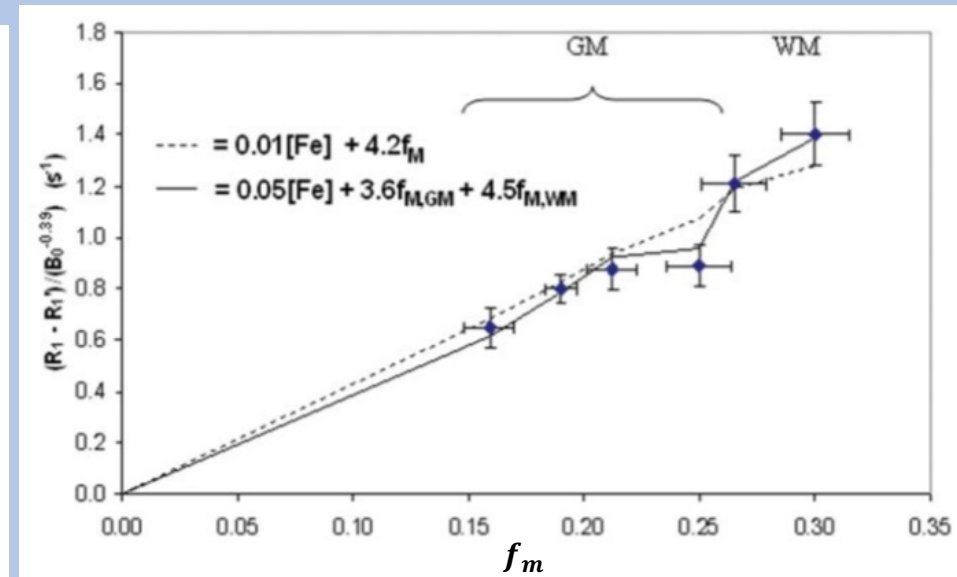
- $^1\text{H}_2\text{O}$   $T_1$  *in vivo* in the human brain is dependent on
  - Macromolecular proton content (lipids, proteins, etc.)
  - Paramagnetic compounds (dominated by ferritin when contrast agent is absent)
  - Main magnetic field strength  $B_0$
- Models for brain tissue  $T_1$ 
  - A phenomenological power-law model (*Bottomley et al., 1984*)
 
$$R_1 = \frac{1}{T_1} = AB_0^{-b}; b = 0.308 \text{ for gray matter, } 0.348 \text{ for white matter}$$
  - A multi-regression model (*Rooney et al., 2007*)
 
$$R_1 = R'_1 + \alpha_{1m}f_m + \alpha_{1\text{Fe}}[\text{Fe}] + \alpha_{1\text{CR}}[\text{CR}]$$



Rooney et al., MRM 2007



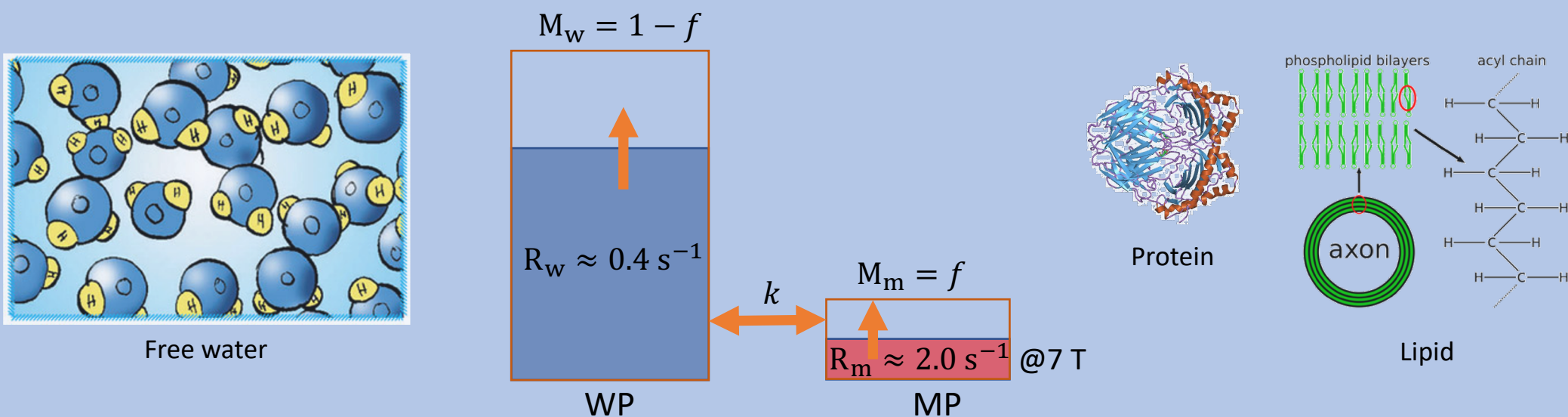
Bottomley et al., Med Phys, 1984



Rooney et al., MRM 2007

# Introduction

- Magnetization transfer between water proton (WP) and macromolecular proton (MP) pools  
(Edzes and Samulski, 1977; Gochberg et al., 1997)
- Analytical solution  $\begin{pmatrix} S_m \\ S_w \end{pmatrix} = a_s \begin{pmatrix} p_s \\ 1 \end{pmatrix} e^{-\lambda_s t} + a_f \begin{pmatrix} p_f \\ 1 \end{pmatrix} e^{-\lambda_f t}$
- The two-pool exchange model may be used to understand  $B_0$  dependence of brain  $T_1$ 
  - MP relaxation rate  $R_m = aB_0^{-b}$  for chain molecules such as proteins and lipids (Korb and Bryant, MRM 2002)
  - WP relaxation rate  $R_w$  expected to be weakly  $B_0$  dependent (Gossuin et al., MRM 2000)
  - MP fraction  $f$  tissue intrinsic property
  - Exchange rate  $k$  consists of chemical exchange and dipole-dipole magnetic effects



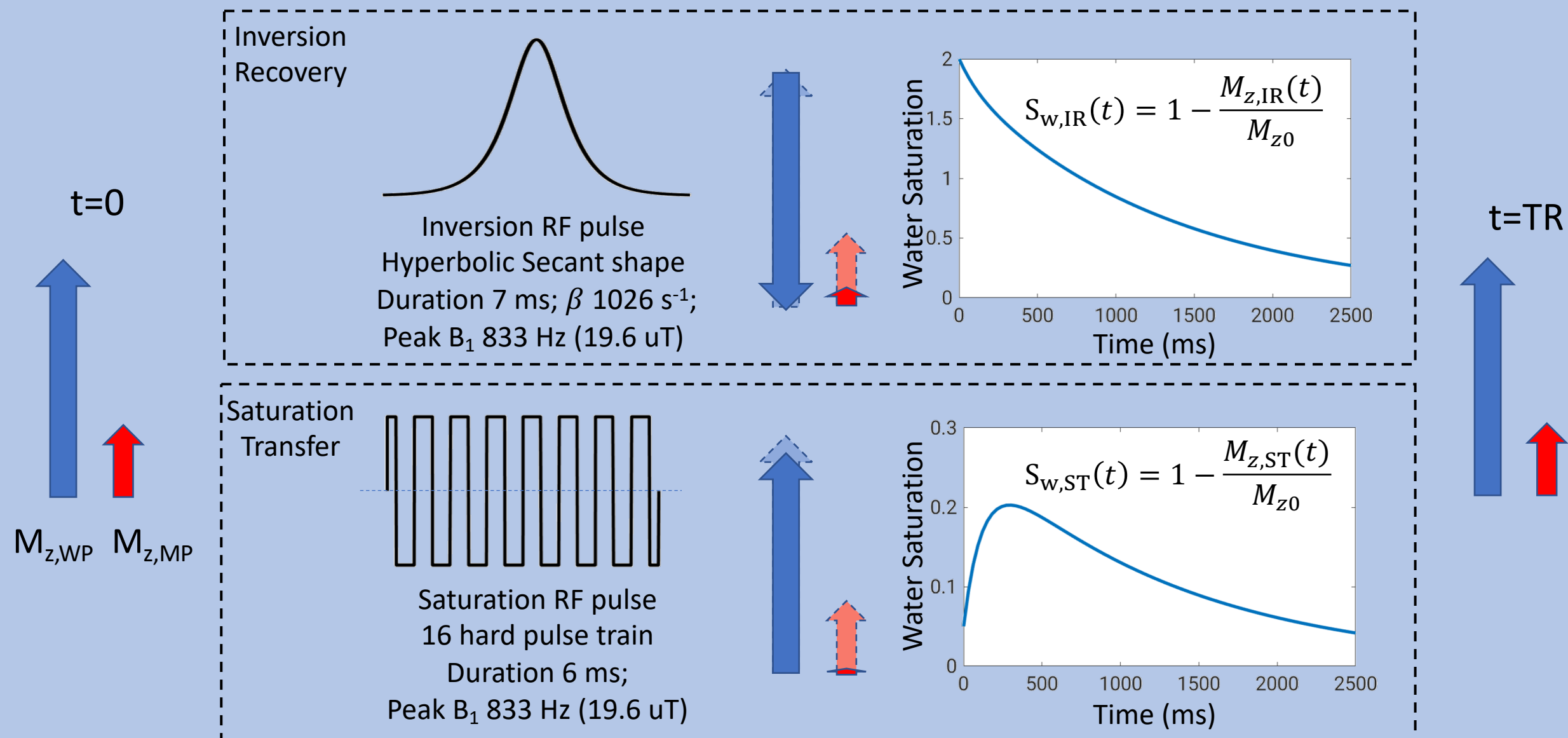
# Study Goals

- To examine the field dependence of  $T_1$  in white matter (high macromolecular content, i.e. high  $f$ ) driven by  $R_m$  through magnetization transfer
- To validate and determine the model parameters in  $R_m = aB_0^{-b}$  *in vivo* in human brain within clinically relevant  $B_0$  range

## General Approach

- Acquisition of Inversion Recovery (IR) and Saturation Transfer (ST) data at 4 fields from 0.55-7 T in the same group of healthy subjects
- Joint analysis of IR & ST data based on the two-pool exchange model to retrieve  $R_m$

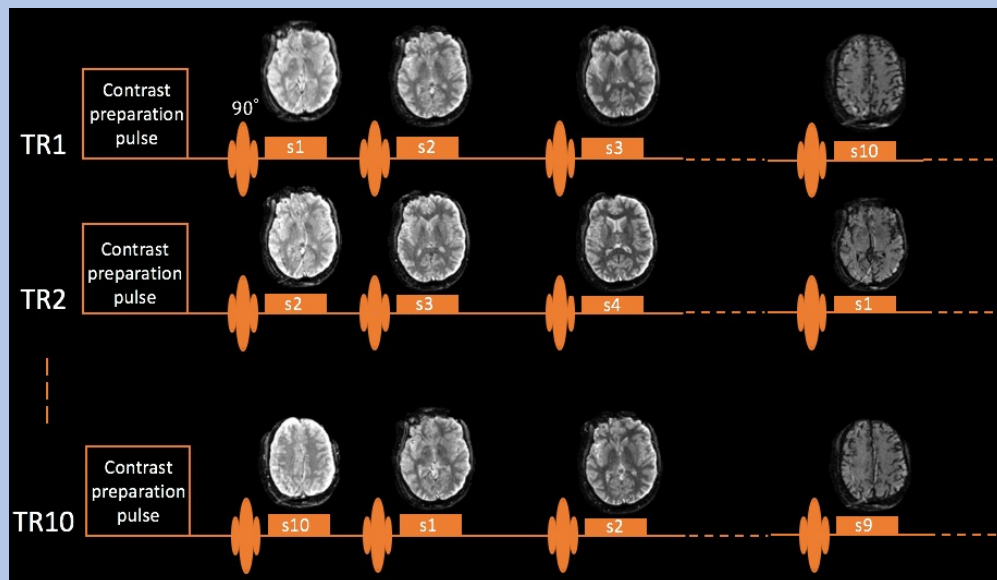
# Methods



# Methods

- 8 healthy volunteers (age 21-32 years, mean 24.9; 3 females)
- Four  $B_0$  fields
  - 0.55 T (Prototype scanner, ramped down from 1.5 T Aera), 16-ch receive array
  - 1.5 T Aera, 20-ch receive array
  - 3 T Prisma, 32-ch receive array
  - 7 T Magnetom, Nova transmit and 32-ch receive
- Single-shot EPI readout, slice-cycled over 10 TR numbers at 10 inversion/delay times
- IR: 12 repetitions (2 references w/o inversion pulse);
- ST: 16 repetitions (4 references w/o saturation pulse);

Acquisition schematic of 1 repetition (10 TRs)



Sequence parameters at 4 fields

$B_0$	Reso. (mm <sup>3</sup> )	SENSE	IR			ST			TE (ms)
			TR (s)	TI (ms)	Time (min)	TR (s)	TD (ms)	Time (min)	
0.55 T	3.3x3.3x3.0	1	4	10~1200	8.0	3	8~900	8.0	29
1.5 T	1.7x1.7x2.0	2	5	10~1400	10.2	4	9~900	10.8	40
3 T	1.7x1.7x2.0	2	6	9~1600	12.2	4	9~900	10.8	30
7 T	1.7x1.7x2.0	2	6	8~2000	12.2	4	7~900	10.8	24

# Methods

- Data analysis

- **Voxel-wise** analysis for 3 and 7 T data

- In a homogeneous white matter structure **Splenium of Corpus Callosum (SCC)** at all 4 fields

- Curve fitting 
$$\begin{cases} S_{w,IR}(t) = a_{s,IR}e^{-\lambda_s t} + a_{f,IR}e^{-\lambda_f t} \\ S_{w,ST}(t) = a_{s,ST}e^{-\lambda_s t} + a_{f,ST}e^{-\lambda_f t} \end{cases}$$
  
For 0.55 and 1.5 T,  $a_{f,IR}$  was assumed to be 0

- **Independently at 3 and 7 T**, calculate two-pool model parameters  $f$ ,  $k$  and  $R_m$  assuming  $S_{m,ST}(t = 0) = 0.93$  and  $R_w = 0.4 \text{ s}^{-1}$  (*van Gelderen et al., Neuroimage 2016*)

- At **0.55 and 1.5 T**, calculate  $R_m$  using averaged  $f$  and  $k$  from 7 T

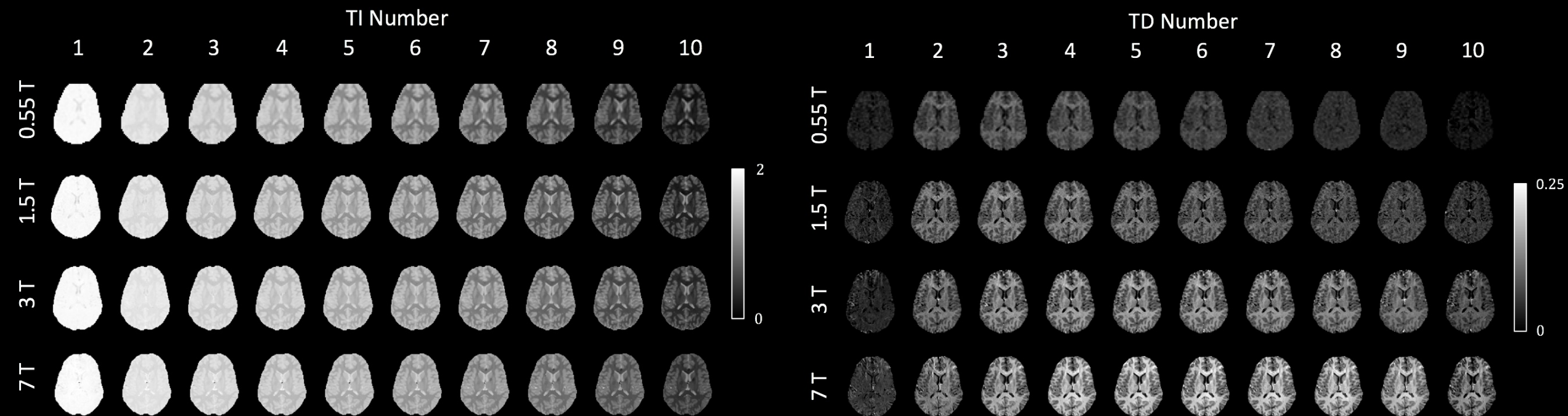
- Fit  $R_m = aB_0^{-b}$  ( $B_0 = 0.55, 1.50, 2.89, 6.98 \text{ T}$ )



# Results

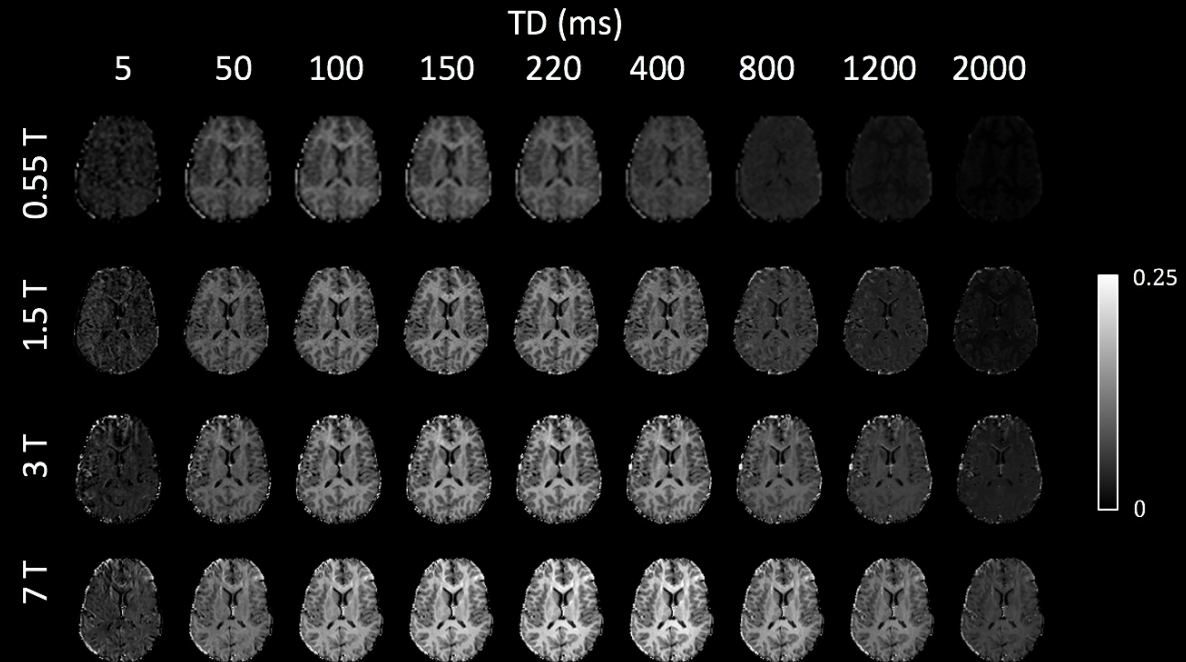
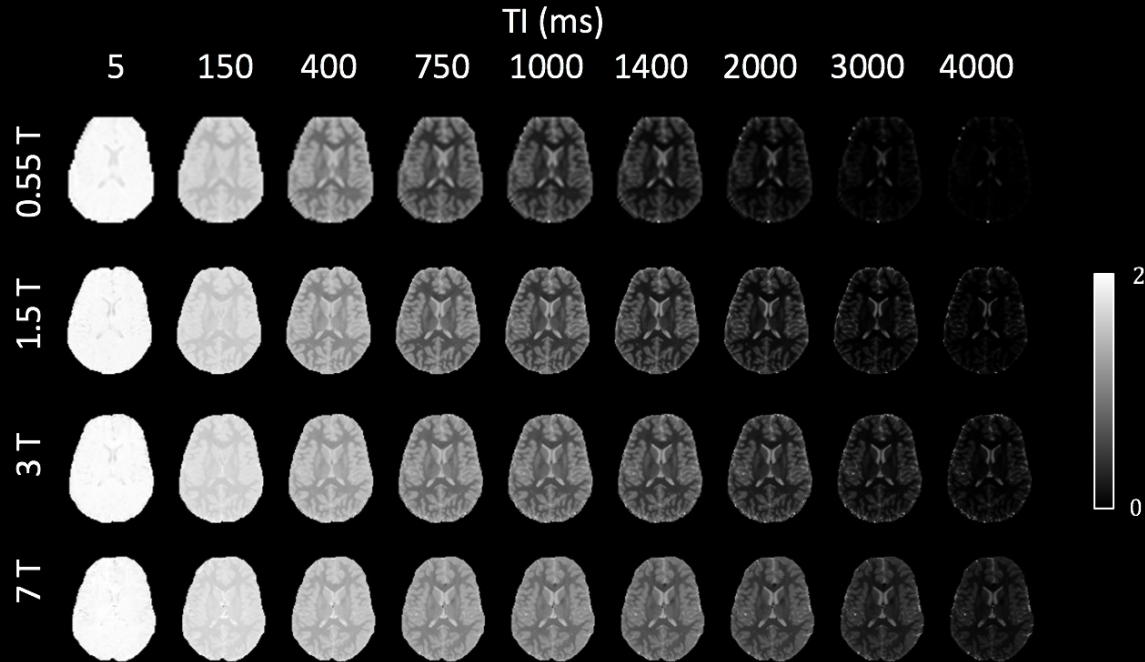
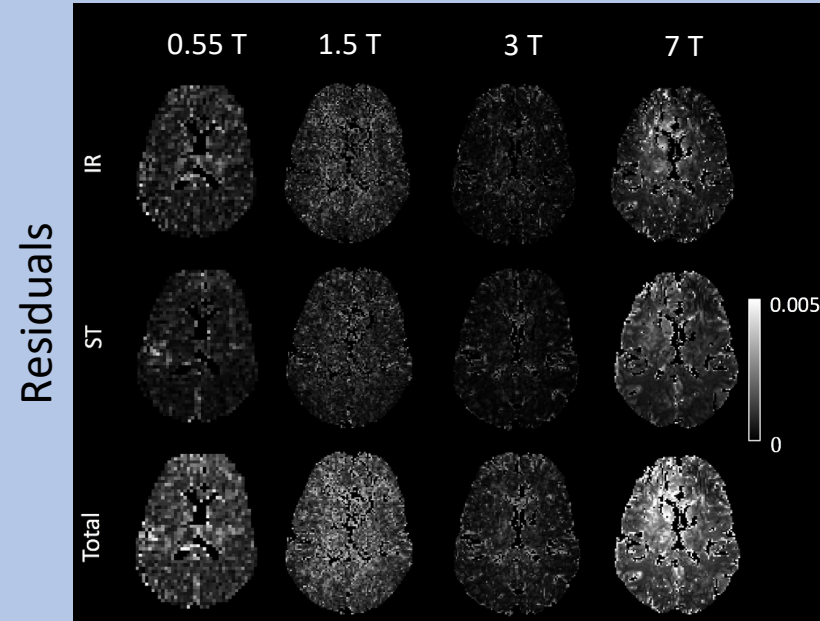
- Saturation images at 10 TI (inversion times) and 10 TD (delay times)

$$S_w(t) = 1 - \frac{M_z(t)}{M_{z0}}$$



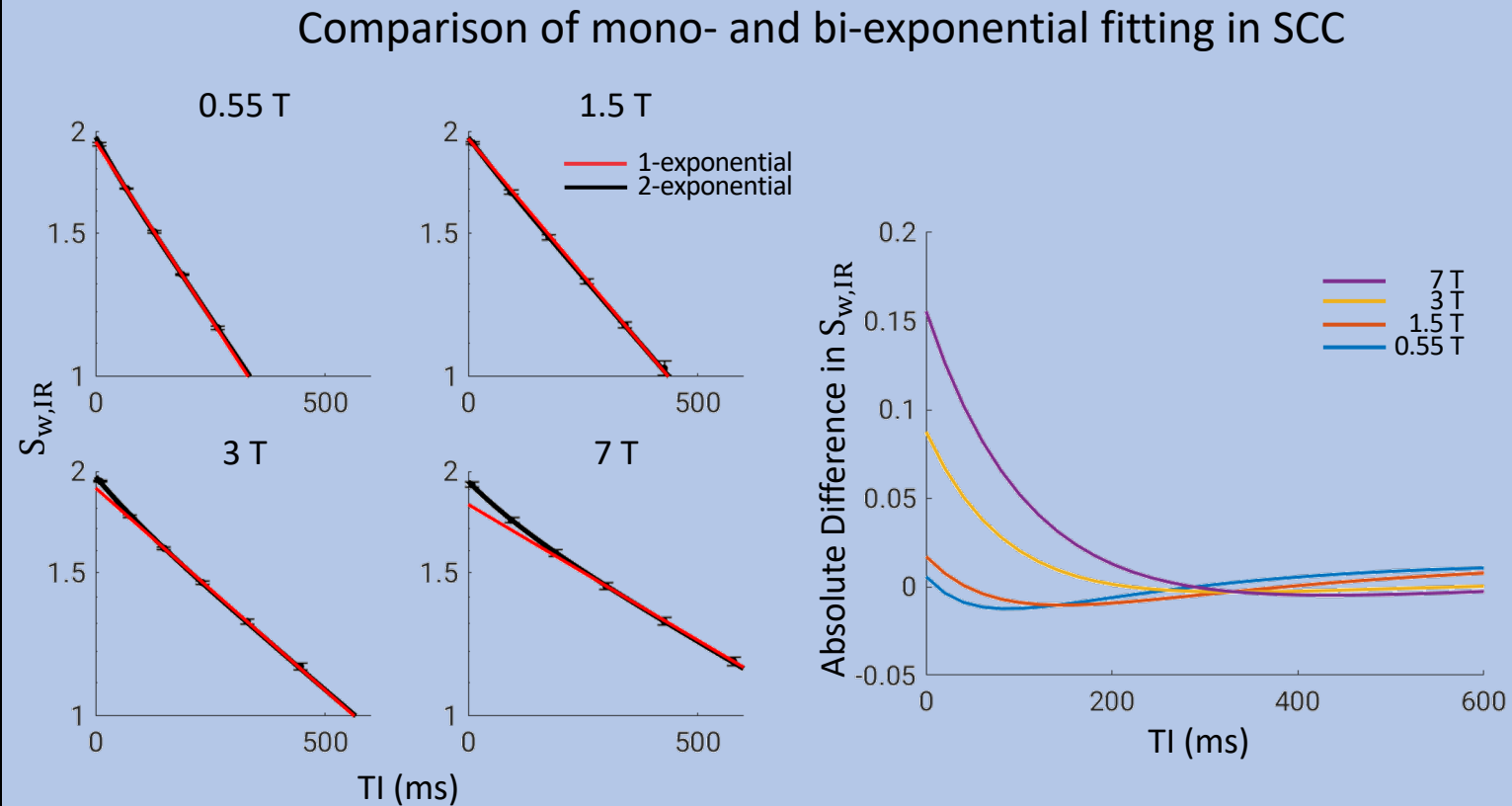
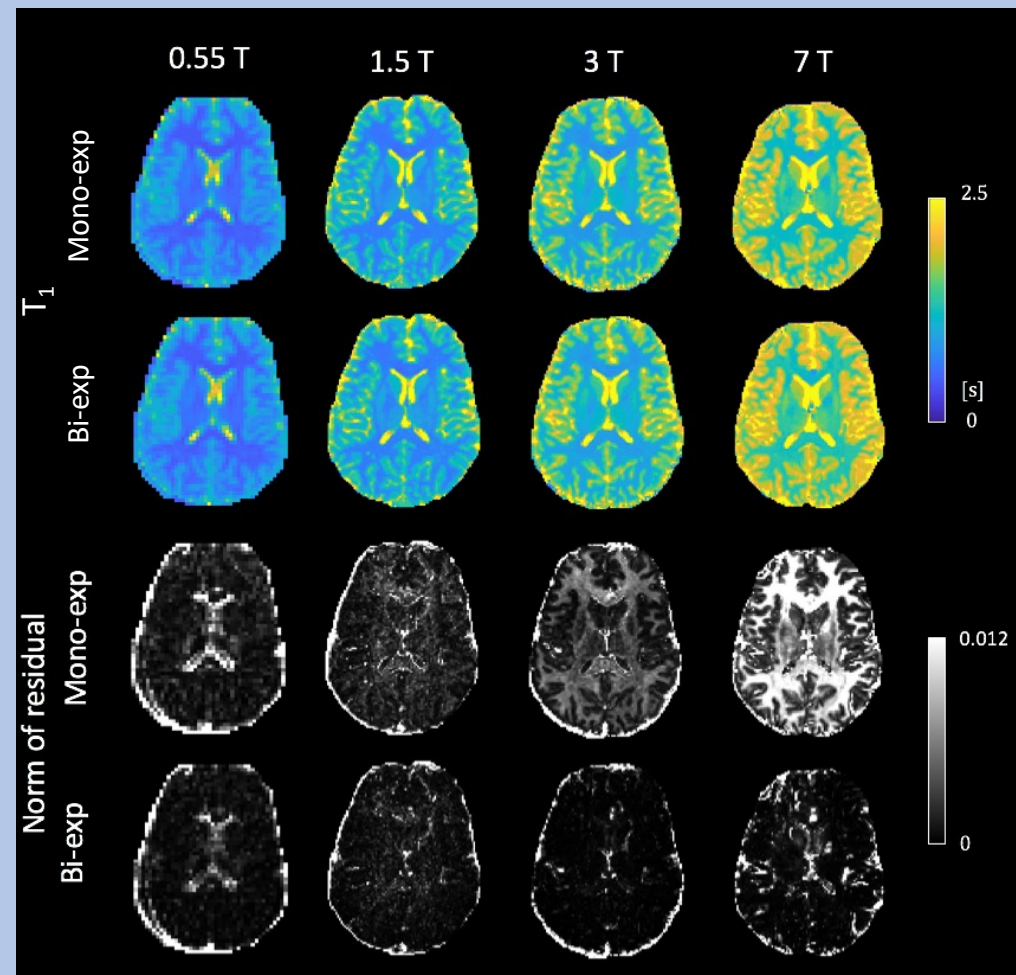
# Results

- Saturation images at a fixed set of TI (TD)
  - By voxel-wise temporal interpolation (bi-exponential model)
- $T_1$  increases with  $B_0$
- Saturation transfer effect increases in magnitude and duration with  $B_0$



# Results

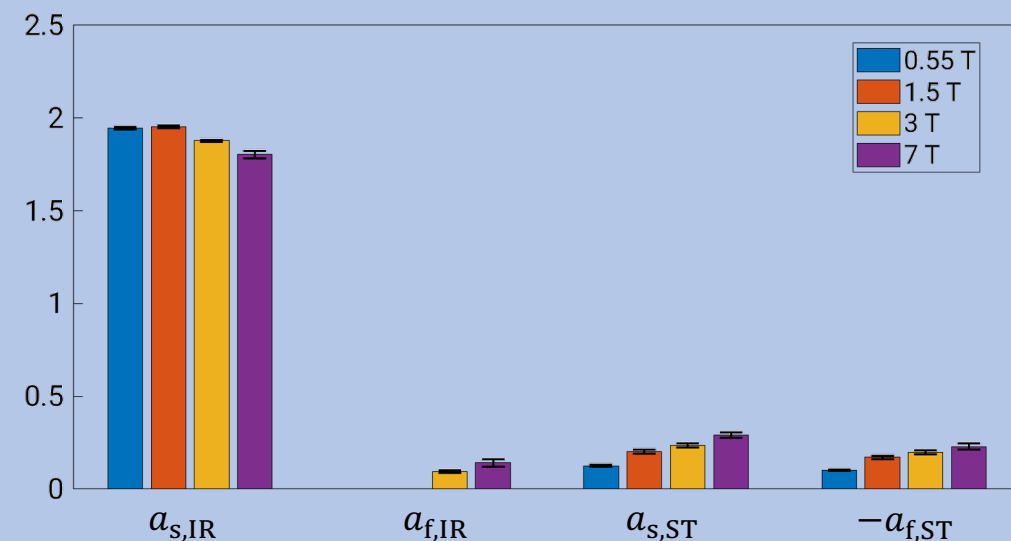
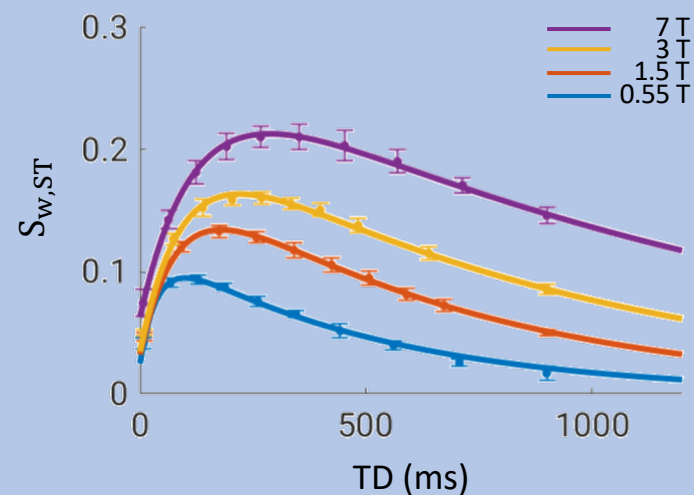
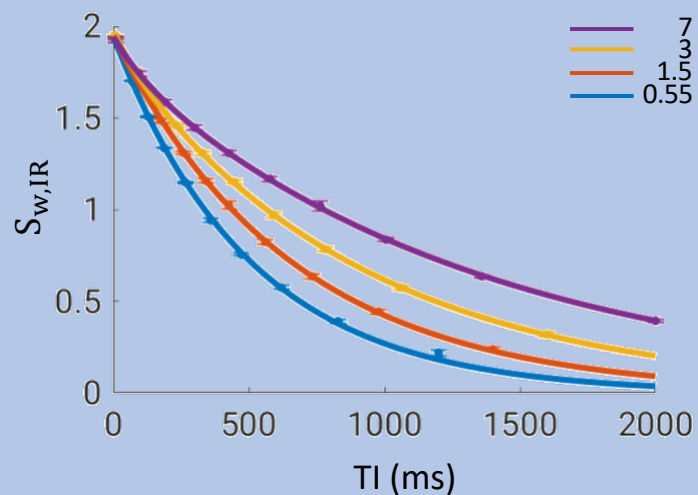
- Looking at IR data alone
- Strong increase of fast component in the white matter with  $B_0$



# Results

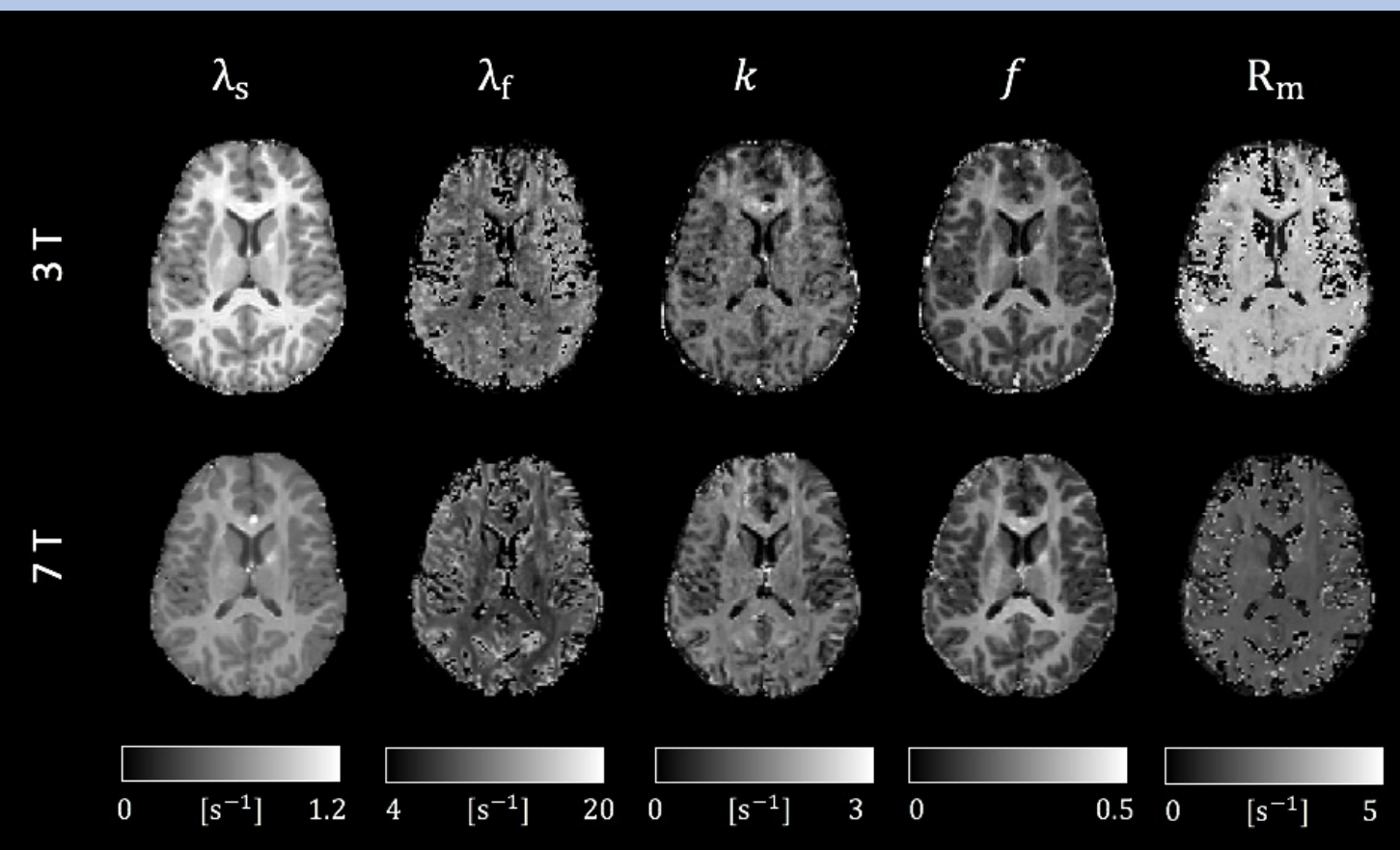
- The bi-exponential model well explained the IR&ST data at 4 fields ( $R^2 > 0.999$  for all curves)
- Saturation transfer effect reached 20% at 7 T
- Increasing fast component in the white matter with  $B_0$

Fitting results of SCC data over subjects



# Results

- Similar 3 and 7 T results for  $f$  and  $k$
- Substantial difference (52.4%) in  $R_m$  between 3 and 7 T

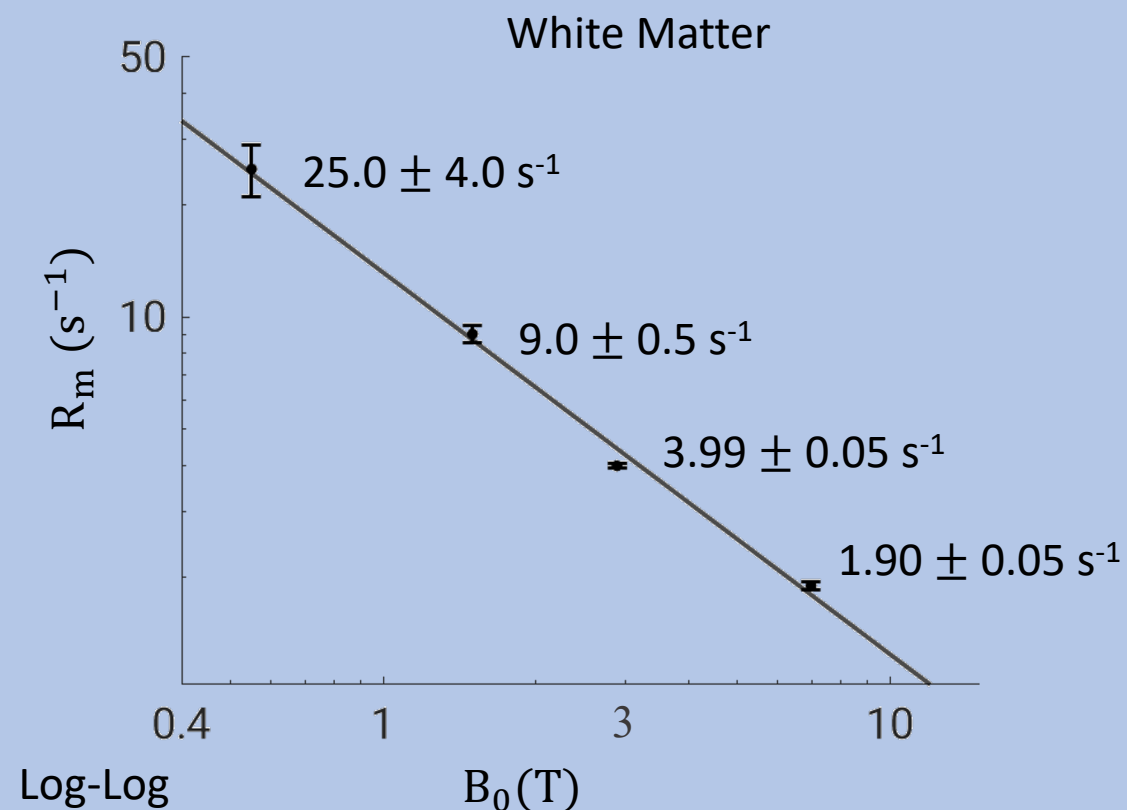
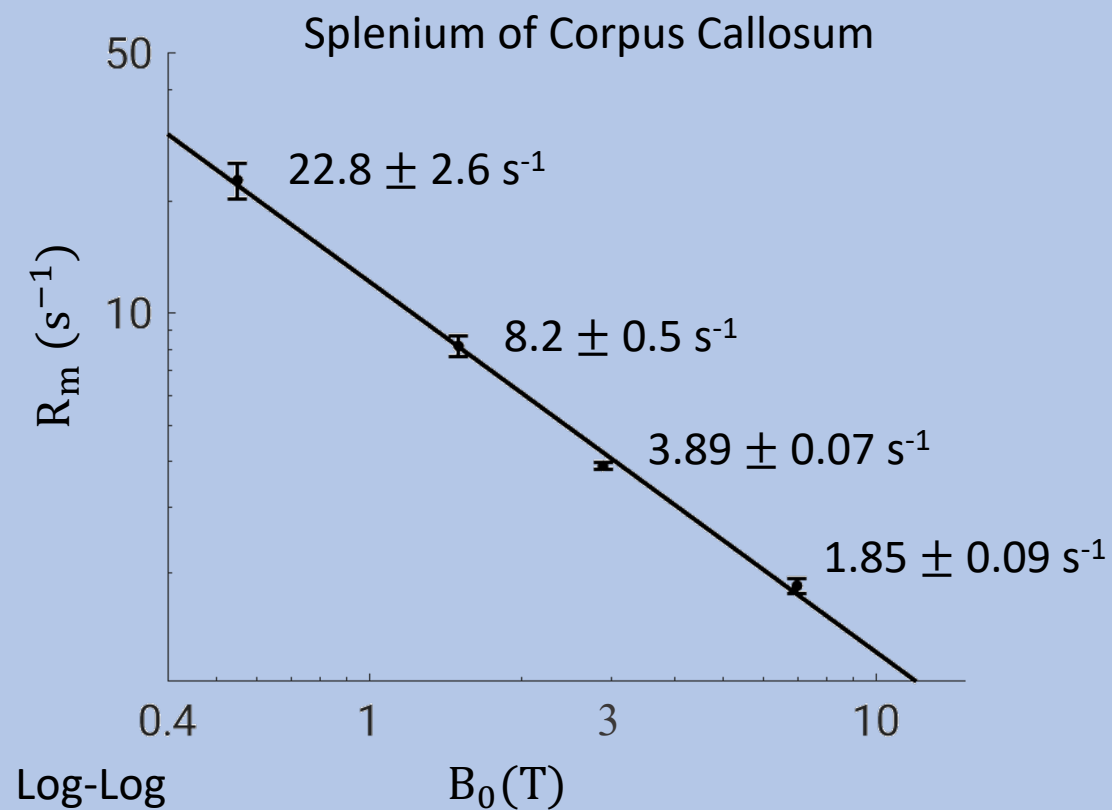


Two-pool results in the SCC over 8 subjects

$B_0$	$\lambda_s (s^{-1})$	$\lambda_f (s^{-1})$	$k (s^{-1})$	$f$	$R_m (s^{-1})$
3 T	$1.112 \pm 0.025$	$10.60 \pm 0.40$	$1.50 \pm 0.05$	$0.281 \pm 0.014$	$3.89 \pm 0.07$
7 T	$0.760 \pm 0.008$	$8.19 \pm 0.37$	$1.38 \pm 0.09$	$0.289 \pm 0.017$	$1.85 \pm 0.09$

# Results

- $R_m$  fitting result in SCC:  $R_m = 12.2B_0^{-1.00}$  ( $R^2=0.997$ )
- In the entire white matter:  $R_m = 13.2B_0^{-1.03}$  ( $R^2=0.996$ )

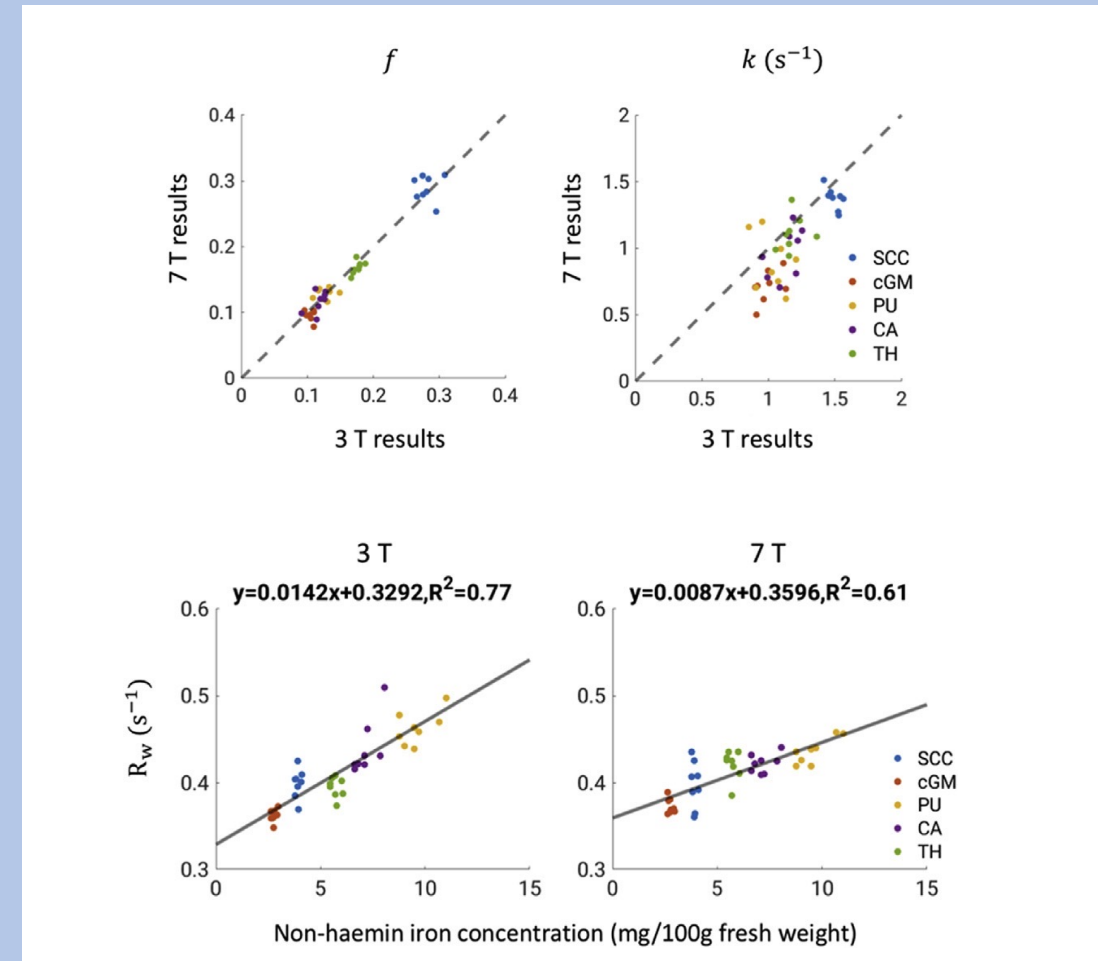
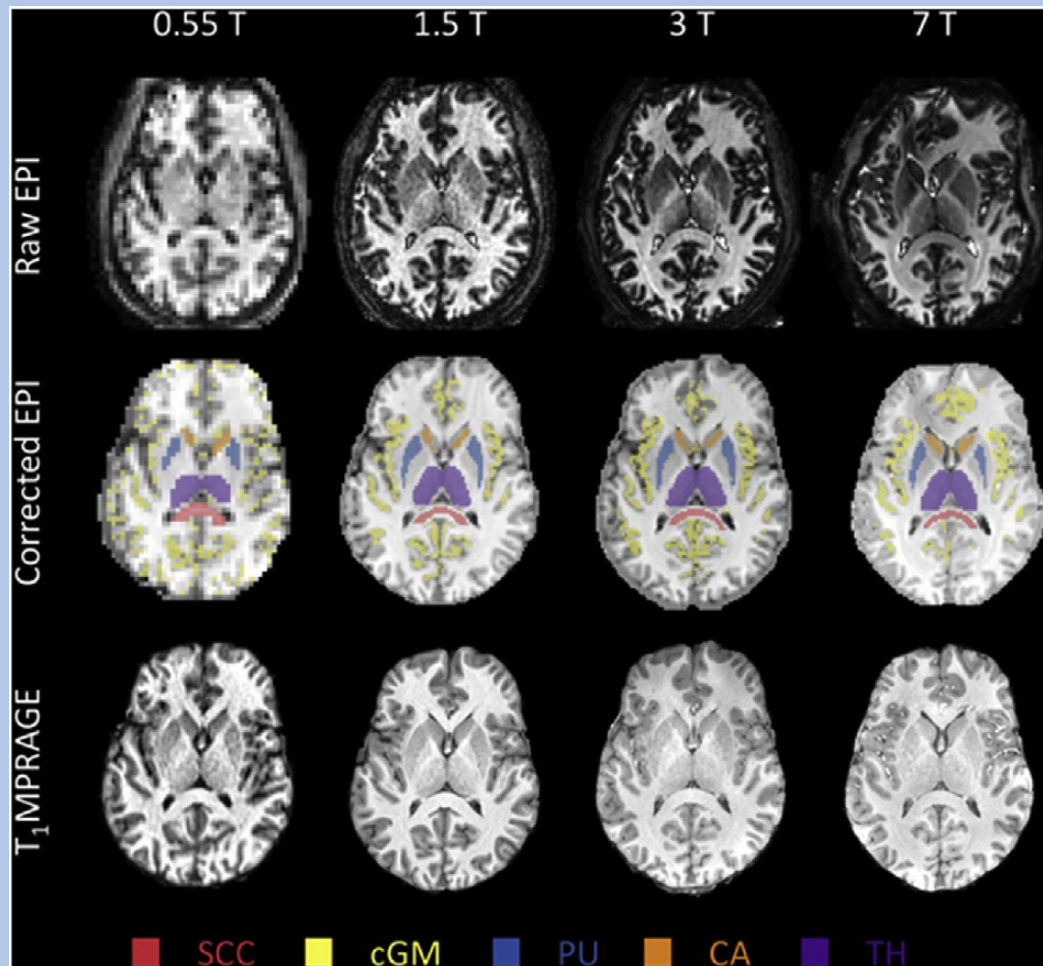


# Conclusions and Discussions

- Joint analysis of IR and ST data in white matter suggests dependence of  $T_1$  on  $B_0$  through macromolecule proton relaxation rate  $R_m$  and magnetization transfer effect
- $R_m$  was measured to be 2-20  $s^{-1}$  in the  $B_0$  range of 0.55-7 T, in agreement with early NMR studies on lipids (*Lee et al., 1972; McLaughlin et al., 1973; Ellena et al., 1985*)
- $R_m$  follows a simple inverse linear dependence on  $B_0$  as  $R_m = 12.2/B_0$ , a special case of the generally applied power-law dependence
- Despite its capability to explain the IR-ST data in a wide range of  $B_0$ , two-pool model is oversimplistic for the chemically and structurally complex white matter
- The two-pool parameter assumptions and the inverse linear dependence may not hold below 0.55 T and/or beyond 7 T
- Nevertheless, the study furthers understanding of  $B_0$  dependence of  $T_1$  and demonstrates the close relation between  $T_1$  and MT

Please also check out our recent publication for analysis in gray matter structures:

Wang Y, van Gelderen P, de Zwart JA, Duyn JH. B0-field dependence of MRI T1 relaxation in human brain. *NeuroImage* 2020;213:116700





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*Thank you for your attention!*

*Please direct comments to*

*yicun.wang@nih.gov*